



Yarrawonga Mulwala
Community & Learning Centre

Provide First Aid

HLTAID011

FEES INCLUDES

Administration	\$	60.07
Materials	\$	2.73
Amenities	\$	2.50

MATERIALS INCLUDE

- Access to training resources

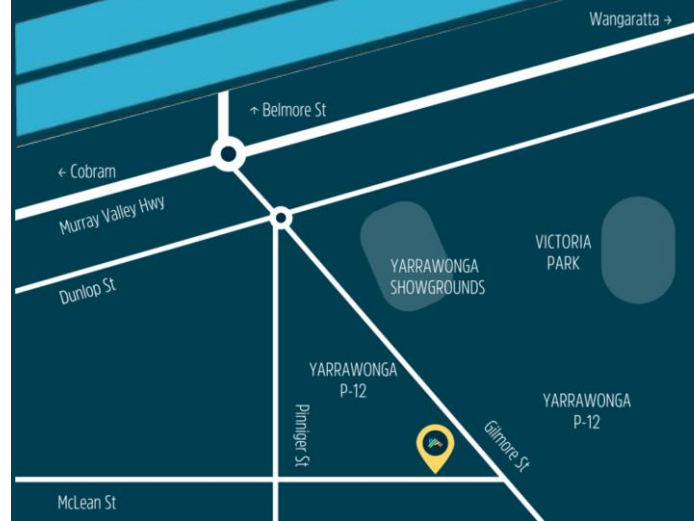
AMENITIES INCLUDE

- Kitchen facilities
- Student support and referral

HOW TO APPLY

- Visit our website and pay via PayPal
- Drop in to the Learning Centre
- Call or email to have an enrolment form and bank account details emailed to you

October 2026



1 Hargrave Court, (PO Box 308) Yarrawonga VIC 3730
RTO 21765 | 03 5744 3911 | learning@ymclc.edu.au
ymclc.edu.au  

Version 9: 02/09/2026



DO YOU WANT THE SKILLS AND KNOWLEDGE TO BE ABLE TO SAVE A LIFE?

This course applies to all persons who may be required to provide first aid or CPR in a range of situations, including community and workplace setting, and is ideal for anyone needing to renew their CPR or First Aid certificate.

DURATION	4 hours maximum in the classroom Details for the online theory component will be emailed the week before to be completed prior to the in-class session.
CLASS SIZE	A minimum of 4 A maximum of 8
COURSE TYPE	Short Course
ATTENDANCE	Friday 9 th October 2026 from 9:30am
COST	\$ 160
TRAINER	Tania Golley
VENUE	YMCLC Learning Centre

CERTIFICATION

Successful completion of this course provides a Statement of Attainment listing the units HLTAID009 & HLTAID011.

DELIVERY

YMCLC delivers this course via a "blended model":

- Theory and knowledge quiz via our Online Campus
- One face-to-face session at our Learning Centre in McLean Street, Yarrowonga

We can also facilitate this course offsite. Speak to our Training Manager if you would like to organise an offsite delivery session for your group or club.

ACCREDITED UNIT(S)

HLTAID011 Provide First Aid

ELEMENTS:

1. Respond to an emergency situation
2. Apply appropriate first aid procedures
3. Communicate details of the incident
4. Review the incident

ASSESSMENT

Assessment is a combination of written questions, practical demonstration of CPR and other first aid skills based on given scenarios and oral questioning.

As specified in the Assessment Requirements:

- HLTAID011 requires CPR on an adult resuscitation manikin to be conducted with the manikin placed on the floor, and an infant resuscitation manikin on a firm surface.
- CPR is a physical task that requires exertion of several muscles and joints, and participants should be aware that undertaking this assessment may aggravate any muscular-skeletal condition they may have.

It is recommended that participants wear loose fitting clothing on the day of the practical assessment class.

RESOURCES

Resusci Annies

Resuscitation manikins

- Adult
- Infant

Automated External Defibrillators (AED's) – training version

Workplace first aid kit

Moulage kit

Trainer Auto-Injector Pens (EpiPens)

Placebo bronchodilator and spacer

Different types of wound dressings and bandages

Personal Protective Equipment

Incident Report form

SUPPORT

Literacy and numeracy support and counselling referral is available if required.

A good understanding of written and spoken English is required to undertake this course.